

**NEW**  
**Part-III 3-Tier**  
**2018**

**NUTRITION**

**(Honours)**

**PAPER—VII**

**(PRACTICAL)**

*Full Marks : 100*

*Time : 5 Hours*

*The figures in the right-hand margin indicate full marks.*

**Unit—13**

**(Meal Management)**

*[ Marks—50 ]*

1. Prepare a diet chart with menu planning for infant / pre-school children / adult male or female as per conditions mentioned in the card. (*Picked up by lottery system*).

10

(Marks distribution : *Energy requirement — 2,*  
*Nutrients (macro & micro) requirement — 2,*  
*Analysis of nutritive values of consumed food stuff — 3,*  
*Menu planning with serving size — 2, Interpretation—1)*

*(Turn Over)*

2. Prepare a diet chart with menu planning for pregnant/lactating mothers as per information mentioned in the card. (*Picked up by lottery system.*) 10

(Marks distribution : *Energy requirement* — 2,  
*Macro & micro Nutrients requirement* — 2,  
*Analysis of nutritive values of consumed food stuff* — 3,  
*Menu planning with serving size* — 2, *Interpretation*—1)

3. Prepare a diet chart with menu planning for old age person as per conditions mentioned in the card. (*Picked up by lottery system.*) 15

(Marks distribution : *Energy requirement* — 3,  
*Macro & micro Nutrients requirement* — 2,  
*Analysis of nutritive values of consumed food stuff* — 5,  
*Menu planning with serving size* — 3, *Interpretation*—2)

4. Submit your 'Laboratory Note Book' duly signed by the teachers on regular basis of practical works. 5
5. Viva-voce. 5

**Unit—14****(Project, Internship & Educational Excursion)**

[ Marks—50 ]

6. Submit typed project report as per design mentioned in your syllabus on Public health / Nutritional Biochemistry / Nutritional Survey.

No marks will be awarded if it is found that the field/lab work is not done at all and project report is not prepared by the candidate by own under the supervision of his/her guide. Any type of manipulation, missuse of data from other investigators would be liable to deduction of major amount of marks. 25

(Marks distribution : Overall quality and different segment of project — 15, Viva — 10 )

7. Submit a report on the basis of internship in a hospital / health centre, covering all aspects mentioned in the syllabus. Without proper documentation if submitted will deduct maximum number of allotted marks. 15

(Marks distribution : Report with case study with patient I.D. and assessment report — 5, Overall report — 5, Viva on internship — 5 )

8. Submit a typed report on educational excursion in research hospital / nutrition research related higher learning center, covering all aspects mentioned in the

syllabus. Without proper documentation if submitted a major part of marks will be deducted. 10

(Marks distribution : *Over all quality of submitted report — 5, viva — 5* )

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